

***MIDDLE SCHOOL “GET AHEAD”
DAY CAMP (JULY 5-6)**

\$140 Commuter

Check-in: July 5th - 8:00a.m. - 8:45a.m.

Elmore Gym - 4 training sessions

Bring your own lunch.

Ages: 4th-8th grade Camp will begin at 9:00a.m. and conclude at 4:00p.m. each day
12 hours of intense training.

This camp is for individual instruction for volleyball fundamentals including: passing, hitting, setting, blocking, serving and defense. Players will be grouped based on skill level and experience.

***POSITIONAL ADVANCED SKILLS
CAMP (JULY 8 – 9)**

\$150 Commuter

Check-in: July 8th - 8:00a.m. – 8:45a.m.

Camper Pick-up: July 9th - 7:30p.m.

LOCAL HOTELS CAN BE USED

Daily schedule

9a.m. – 12p.m.

1p.m. – 4p.m.

5:30p.m. – 7p.m. competition

5 training sessions Specific positional training on technical aspects of each position
9th grade – 12th grade. High level ID camp.
2 days of intense training and competition.

This camp is built for the more experienced player with collegiate style court session

***SETTER/RIGHTSIDE ATTACKER
DAY CAMP (JULY 7)**

\$80 Commuter

Check-in: July 7th - 8:00a.m. - 8:45a.m.

Camper Pick-up: July 7th - 4:00p.m.

Bring your own lunch.

2 training sessions Specific positional training on technical aspects of each position
Ages: 5th grade and up
Skill level: intermediate to advanced

***TEAM CAMP (JULY 11 - 14)
MIDDLE SCHOOLS
JV – VARSITY LEVEL**

Instructional Team Camp, Individuals are welcome, and will be placed on a team with others that come without a team

\$200.00 Commuter

Check-in: July 11th - 8:30a.m. – 9:00a.m.

Camper Pick-up: July 14th – 4:00p.m.

6 sessions of training and competition
Daily schedule: (9a-12p & 1p-4p)
July 14th schedule – tournament play 9a – 1p

A camp designed for coaches and their teams to learn together.

Camp will have individual instruction sessions and competition sessions.

Emphasis will be place on team offense, team defense and serve receive

**For out of town teams, local hotels with great rates will be happy assist you.
Contact Rose Powell at (256) 457-9268 for a list of hotels.**

**Rose Magers-Powell
2016 Volleyball Camps
Alabama A & M**



Online/early registration is encouraged.
Onsite registration is accepted with a \$25 upcharge. Link for registration can be found at: <http://www.aamusportscamps.com/>

All Check Ins will be at Elmore Gym
4900 Meridian St N
Huntsville, Al. 35762

SUMMER 2016 CAMP APPLICATION

I/We, the undersigned, hereby certify that I/We am/ are the parent (s) or legal guardian (s) of the participant listed below. I/We hereby give permission for the staff of the camp to seek, during the period of the camp, medical attention for the participant and for the medical attention to be given and for the participant to receive medical attention in the event of accident, injury or illness. I/We, the undersigned, for ourselves, our heirs, executors and administrators, waive, release and forever discharge the ROSE POWELL ALABAMA A & M camp staff, officers, agents, employees, representatives, successors and assign of and from all rights and claims for damages, injury, or loss to person or property, which may be sustained during participation in clinic activities or while at the camp, whether or not damages, injury or loss is due to negligence. It shall be understood that participants are contracting with the employee and not ALABAMA A & M University; the university and the state of ALABAMA do not assume any contractual obligations for the conduct of the employee's activity.

Printed name of Parent or Guardian

Signature of Parent or Guardian Date

Camper's Insurance Company and Address

Policy Holder

Emergency Contact cell phone during camp (must be different from other phone numbers listed)

Name _____

Address _____

City, State, Zip _____

Preferred Phone _____

Camper Cell Phone _____

Email _____

Position _____ Height _____

Date of Birth _____

Years played :

School _____ Club: _____

School _____

Coach's name _____

Club name _____

Adult or Youth t-shirt size _____

____ Middle School GET AHEAD Day Camp

____ Setter/Rightside Day Camp

____ Positional Advanced Skills Camp

____ Team Camp

**Registration and non-refundable deposit
of \$200 per camper
due by July 15th, 2016
* = 30% Discount for AAMU
Faculty/Staff**

**Mail application, waiver, & check or
money order payable to:**
Rose Powell
AAMU Volleyball Office
Post Office Box 1597
Normal, AL. 35762

What to Bring:
All campers need to bring proper workout
gear, kneepads, and shoes
Lunch and Snacks

**No on campus residential
accommodations will be provided.**

***Camps are open to any and all,
according to age/grade and space
available***

**Online physical forms can be
found at:**
<http://www.aamusportscamps.com>
Copy and bring these forms with
you.

